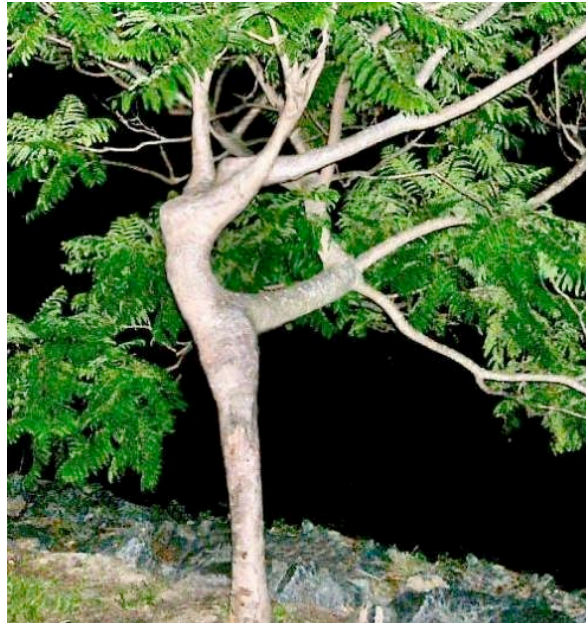


Healing Ourselves: A stage 1 group for sexual assault survivors



Ottawa Rape Crisis Centre
September 27- December 13, 2011
Tuesday Evening's from 6-8:30pm



The stage one group promotes healing, skill building and provides support for women survivors of sexual assault to be able to share their stories in a safe, closed-group setting. The group will run for 12 weeks September 27-December 13, 2011.

These groups are free of charge and open to all women survivors.

Refreshments and light snacks will be served. Bus Tickets and some funds for childcare are available.

If you are interested in registering or require more information please contact

Lisa Middleton at ORCC: 613-562-2334 Ex. 30

